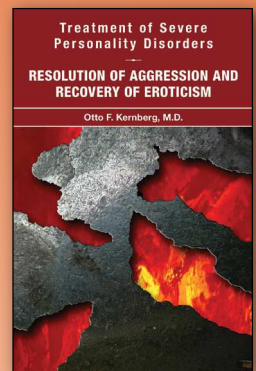
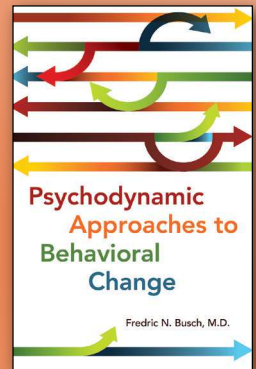
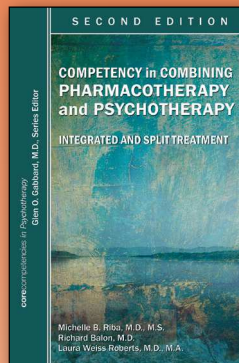
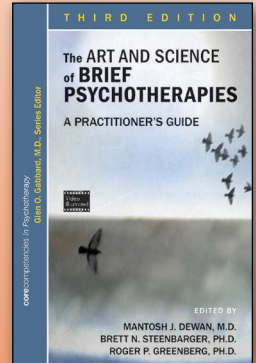
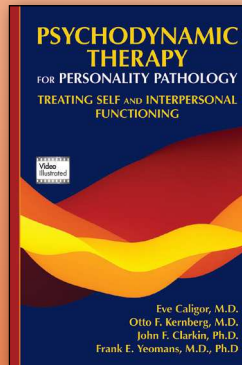
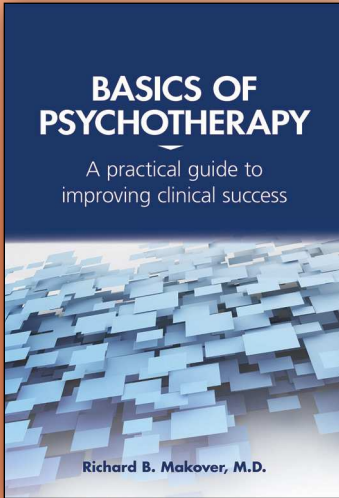


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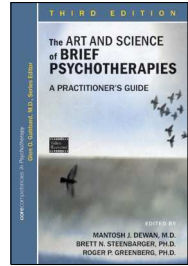
A Practitioner's Guide, Third Edition

Edited by **Mantosh J. Dewan, M.D., Brett N. Steenbarger, Ph.D., and Roger P. Greenberg, Ph.D.**

Updated and expanded, this third edition is a comprehensive and practical guide to the major short-term therapies. Accompanied by 40 streaming videos—available on desktop and mobile devices—it is the only text that shows leading experts such as Drs. Beck, Foa, and Levenson conducting their therapies, allowing for a deeper and richer learning experience for readers. Each chapter is thoroughly updated, and new chapters cover such topics as dialectical behavior therapy, multicultural practice, and mentalizing, as well as fresh approaches to intervention, such as telepsychiatry and Internet-based interventions.

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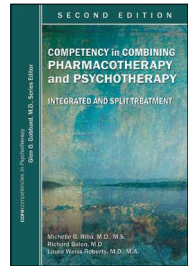
Core Competencies in Psychotherapy

Michelle B. Riba, M.D., M.S., Richard Balon, M.D., and Laura Weiss Roberts, M.D., M.A.

Series Editor: **Glen O. Gabbard, M.D.**

For both integrated and split/collaborative treatments, this guide addresses basic topics, including the selection of medication and psychotherapy, patient evaluation, and sequencing, as well as more advanced matters, such as evaluation, monitoring, and supervision of treatment and best practices in terminating and transitioning patient care.

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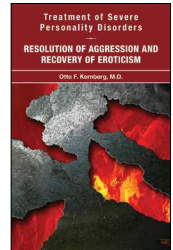
Treatment of Severe Personality Disorders

Resolution of Aggression and Recovery of Eroticism

Otto F. Kernberg, M.D.

In rich clinical and theoretical detail, the book explores the concepts of personality in the context of its neurobiological and intrapsychic determinants, proposes a new classification and new methods of psychotherapeutic interventions, expands the analysis of severe narcissistic pathology, and details the many complications in the sexual life of patients with personality disorders.

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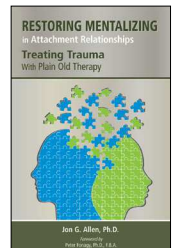
2018 • 319 pages • ISBN 978-1-61537-188-4 • eBook • \$44.00 • Item #37188

Restoring Mentalizing in Attachment Relationships

Treating Trauma With Plain Old Therapy

Jon G. Allen, Ph.D. • Foreword by **Peter Fonagy, Ph.D., F.B.A.**

The book provides a conceptual framework for treating trauma patients and illuminates relationship factors that are empirically associated with positive outcomes. Patients who have suffered broken and dysfunctional attachments will benefit from its emphasis on trust, compassion, and true connection.



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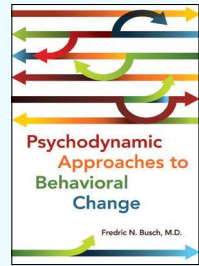
2013 • 325 pages • ISBN 978-1-58562-985-5 • eBook • \$58.00 • Item #62985

Psychodynamic Approaches to Behavioral Change

Fredric N. Busch, M.D.

Readers will find in this guide a practical framework not only for identifying and understanding problematic behaviors and conceiving alternative behaviors, but also for anticipating potential pitfalls in efforts to change behaviors and choosing interventions for helping patients sustain new behavior. Throughout, vignettes illustrate how to apply these psychodynamic techniques in the clinical setting as clinician and patient collaborate to make practical changes in the patient's life.

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Basics of Psychotherapy

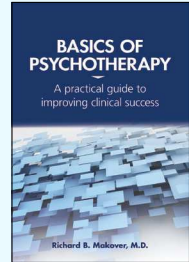
A Practical Guide to Improving Clinical Success

Richard B. Makover, M.D.

Beginning therapists and experienced clinicians alike will find in this book practical, straightforward advice based on the core principles that underlie all psychotherapies. Clearly written in an appealing, down-to-earth style, the text reads easily and uses an abundance of clinical examples, frequent tables and illustrations to examine the fundamental concepts and to identify the basic skills on which all therapies rely.

Basics of Psychotherapy will give new therapists the information they need to develop effective skills. More experienced clinicians will find many tips and ideas that will help them become more proficient. The improved efficiency that results from the application of these essential concepts will lead to more effective therapy and better patient outcomes.

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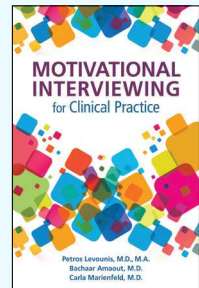
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2017 • 332 pages • ISBN 978-1-61537-132-7 • eBook • \$47.00 • Item #37132

Motivational Interviewing for Clinical Practice

**Edited by Petros Levounis, M.D., M.A.,
Bachaar Arnaout, M.D., and Carla Marienfeld, M.D.**

Expanding on the theoretical framework of Miller and Rollnick, the book presents the latest models and techniques that the editors and authors have found helpful in their scholarship and clinical experience. This book will prove especially helpful for clinicians who have an interest in behavior change but do not possess specialized training in addiction treatment. The study questions at the end of most chapters, accompanied by an answer guide, will help reinforce basic concepts.



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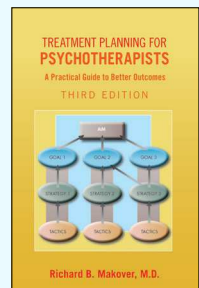
2017 • 286 pages • ISBN 978-1-61537-124-2 • eBook • \$52.00 • Item #37124

Treatment Planning for Psychotherapists

A Practical Guide to Better Outcomes, Third Edition

Richard B. Makover, M.D.

This popular book offers a straightforward, practical method of organizing a treatment plan. It emphasizes a top-down, results-oriented approach that begins with the proposed outcome and then selects the objectives and methods to reach it. In this revised edition, Dr. Makover describes a new, simplified system that uses the initial assessment to formulate a case.



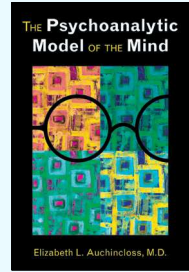
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2016 • 268 pages • ISBN 978-1-61537-062-7 • eBook • \$48.95 • Item #37062

The Psychoanalytic Model of the Mind

Elizabeth L. Auchincloss, M.D.

Written for students at every level of training, including psychiatry residents, psychology graduate students, social work students, and medical students, *The Psychoanalytic Model of the Mind* explains how the psychoanalytic model works and how it contributes to the care of people with mental illness. The book is founded on the psychoanalytic thinking that evolved over the last 120 years and surveys how the psychoanalytic model has become the basis for almost all psychological treatments, or “talking cures,” for emotional suffering.



2015 • 332 pages • ISBN 978-1-58562-471-3 • Paperback • \$64.00 • Item #62471

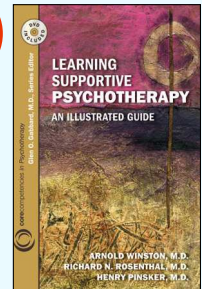
2015 • 332 pages • ISBN 978-1-58562-545-1 • eBook • \$51.00 • Item #62545

Learning Supportive Psychotherapy

An Illustrated Guide

Arnold Winston, M.D., Richard N. Rosenthal, M.D., and Henry Pinsker, M.D.

Clear guidelines address four major areas: maintaining a positive therapeutic alliance, understanding and formulating patients' problems, setting realistic treatment goals, and knowing what to say to patients. This book, along with the accompanying DVD, serves as a guide to mastering the rudiments of supportive psychotherapy from the initial interview through the therapeutic progression to the very last session.



2012 • 211 pages • ISBN 978-1-58562-399-0 • Paperback • \$80.00 • Item #62399

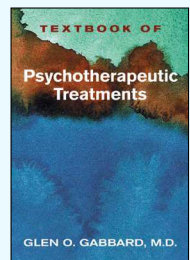
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Textbook of Psychotherapeutic Treatments

Edited by Glen O. Gabbard, M.D.

Available on Psychiatryonline.org

Carefully matching the psychotherapeutic modality to the patient or client is critical to treatment outcomes. This up-to-date, scientifically rigorous, and exhaustive volume both teaches and facilitates that meticulous process. Sure to become the standard text for all students and practicing psychotherapists, whatever their background—psychiatry, psychology, or social work.

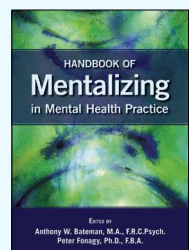


2009 • 896 pages • ISBN 978-1-58562-304-4 • Hardcover • \$126.00 • Item #62304

Handbook of Mentalizing in Mental Health Practice

Edited by Anthony W. Bateman, M.A., FRCPsych, and Peter Fonagy, Ph.D., F.B.A.

The editors maintain that the aim of mentalizing therapy is to enhance a mentalizing process, regardless of the context in which it is being delivered. Thus, while most often employed in individual therapy, it can also be useful in group and family therapy situations.



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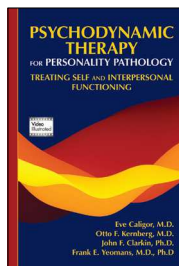
Psychodynamic Therapy for Personality Pathology

Treating Self and Interpersonal Functioning

Eve Caligor, M.D., Otto F. Kernberg, M.D., John F. Clarkin, Ph.D., and Frank E. Yeomans, M.D., Ph.D.

Patient assessment and basic psychodynamic techniques are described in up-to-date, jargon-free terms and supported by numerous clinical vignettes, as well as online videos demonstrating interventions. At the end of each chapter, readers will find a summary of key clinical concepts, making this volume both a quick reference tool as well as a springboard for continued learning.

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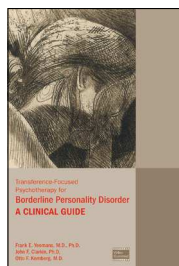
Transference-Focused Psychotherapy for Borderline Personality Disorder

A Clinical Guide

Frank E. Yeomans, M.D., Ph.D., John F. Clarkin, Ph.D., and Otto F. Kernberg, M.D.

The authors combine principles of intervention with clinical cases that illustrate the principles as applied in a variety of situations. The clinical knowledge is further developed through online videos that accompany the text.

Video Illustrated



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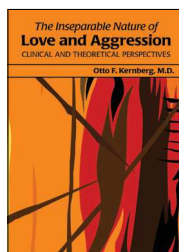
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The Inseparable Nature of Love and Aggression

Clinical and Theoretical Perspectives

Otto F. Kernberg, M.D.

In this book, Kernberg first distinguishes, then interrelates psychoanalytic, clinical psychiatric, and neurobiological perspectives in a variety of areas, beginning with severe personality disorders and extending to love, destructiveness, mourning, spirituality, and the future of psychoanalytic inquiry.



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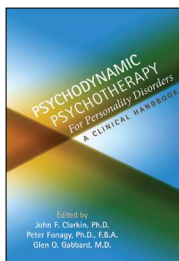
2012 • 420 pages • ISBN 978-1-58562-976-3 • eBook • \$54.00 • Item #62976

Psychodynamic Psychotherapy for Personality Disorders

A Clinical Handbook

Edited by John F. Clarkin, Ph.D., Peter Fonagy, Ph.D., F.B.A., and Glen O. Gabbard, M.D.

This handbook is intended for clinicians with a range of expertise who employ a psychodynamic orientation in the assessment and/or treatment of patients with personality pathology. This manual is appropriate for clinicians seeking to refine their practice.



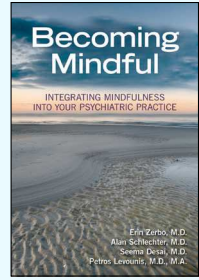
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Becoming Mindful

Integrating Mindfulness Into Your Psychiatric Practice

Erin Zerbo, M.D., Alan Schlechter, M.D., Seema Desai, M.D., and Petros Levounis, M.D., M.A.

The framework and methods offered in this edition makes it an invaluable resource for clinical psychiatrists and psychologists, psychiatric nurse practitioners, psychiatric residents, clinical social workers—in short, anyone engaged in the challenging but necessary work of helping patients address and overcome their dysfunction.

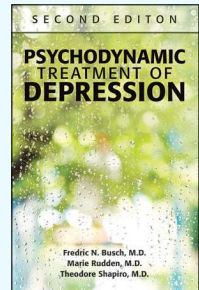


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Psychodynamic Treatment of Depression, Second Edition

Fredric N. Busch, M.D., Marie Rudden, M.D., and Theodore Shapiro, M.D.

The book's clear presentation of psychodynamic theories and their clinical applications promotes understanding for mental health professionals in diverse roles and practice settings. *Psychodynamic Treatment of Depression* offers current, concise, and comprehensive counsel for clinicians and trainees who seek to understand psychotherapeutic dynamics and hone their treatment skills.

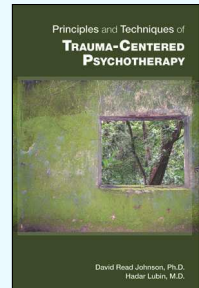


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Principles and Techniques of Trauma-Centered Psychotherapy

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From establishing the trauma treatment framework to navigating the inevitable disruptions to dealing with the negative effects on the therapist of hearing detailed accounts of traumatic events, *Principles and Techniques of Trauma-Centered Psychotherapy* is both pragmatic and empathic, providing effective strategies in the context of true life treatment.



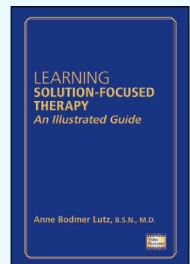
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Learning Solution-Focused Therapy

An Illustrated Guide

Anne Bodmer Lutz, B.S.N., M.D.

This book teaches readers how to practice and become competent in conducting solution-focused therapy, an area of growing interest as the emphasis on brief therapy increases. Critical to the book's learning strategy is the generous use of case illustrations that are detailed, rich, and instructive without being overly didactic.



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The American Journal of Psychotherapy

Holly A. Swartz, M.D.

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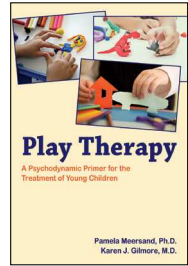
Play Therapy

A Psychodynamic Primer for the Treatment of Young Children

Pamela Meersand, Ph.D., and Karen J. Gilmore, M.D.

This book provides a contemporary, comprehensive exploration of the theory and technique of psychoanalytically oriented play therapy, addressing both the dearth of writings on these topics and the frequent lack of in-depth education on the basic principles and practice of psychodynamic play therapy offered by contemporary training programs for child clinicians.

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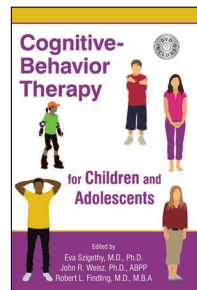
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Edited by Eva Szigethy, M.D., Ph.D., John R. Weisz, Ph.D., ABPP, and Robert L. Findling, M.D., M.B.A.

The defining fundamentals of CBT are shared in accessible, down-to-earth style—and the important distinctions of a well-integrated, developmentally appropriate approach are detailed for a number of conditions, including pediatric chronic medical illness. Guidance for integrating parents and families into the child's treatment is shared for every disorder covered in the book.

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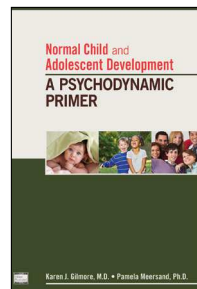
Normal Child and Adolescent Development

A Psychodynamic Primer

Karen J. Gilmore, M.D., and Pamela Meersand, Ph.D.

Illustrated with vibrant clinical vignettes and online video illustrations that exemplify the various developmental stages in a rich and easily recognizable way, this book is the only available text on human development from a psychodynamic point of view, and thus fills a critical gap by providing a contemporary, integrative, and psychodynamic approach to development.

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Learning Cognitive-Behavior Therapy

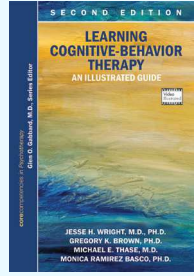
An Illustrated Guide, Second Edition:
Core Competencies in Psychotherapy

**Jesse H. Wright, M.D., Ph.D., Gregory K. Brown, Ph.D.,
Michael E. Thase, M.D., and Monica Ramirez Basco, Ph.D.**

This best-selling and highly popular guide provides readers with instruction, tools, and expert demonstrations on building an effective therapeutic relationship with CBT, conceptualizing a case with the CBT model, structuring sessions, and resolving common problems encountered in CBT.

This updated, second edition also features ways to employ CBT to reduce suicide risk and tips on integrating therapies related to CBT—including dialectical behavior therapy, mindfulness-based cognitive therapy, and well-being therapy.

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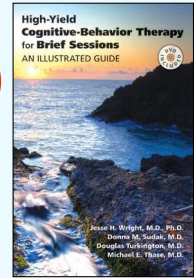
High-Yield Cognitive-Behavior Therapy for Brief Sessions

An Illustrated Guide

**Jesse H. Wright, M.D., Ph.D., Donna M. Sudak, M.D.,
Douglas Turkington, M.D., and Michael E. Thase, M.D.**

Long-Term Psychodynamic Psychotherapy: A Basic Text, by leading psychotherapist and educator Glen O. Gabbard, M.D., instructs in both the core principles of this fundamental treatment modality and its practice in real-world treatment settings. This second edition expands on the theoretical, technical, and clinical issues addressed in the popular first edition.

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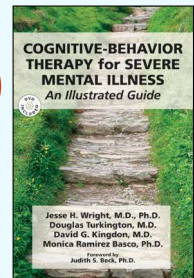
Cognitive-Behavior Therapy for Severe Mental Illness

An Illustrated Guide

**Jesse H. Wright, M.D., Ph.D., Donna M. Sudak, M.D.,
Douglas Turkington, M.D., and Michael E. Thase, M.D.**

Mastering cognitive-behavior therapy for the common, yet difficult-to-treat aspects of severe mental illness has now been made easier with *Cognitive-Behavior Therapy for Severe Mental Illness*. This practical and insightful guide distills CBT techniques for individual therapy and video demonstrations on DVD that illustrate how these techniques can be used to tackle a wide range of severe clinical problems.

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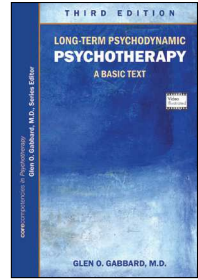
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Long-Term Psychodynamic Psychotherapy

A Basic Text, Third Edition

Glen O. Gabbard, M.D.

This new edition continues the tradition of exposing beginners to the basic features of the psychodynamic approach while also challenging them to think in a sophisticated way about the complexities of their patients. Each chapter has been revised to reflect advances in the field and the new data relevant to the practice of dynamic therapy.



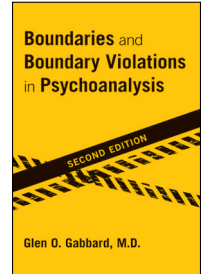
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2017 • 251 pages • ISBN 978-1-61537-131-0 • eBook • \$62.00 • Item #37131

Boundaries and Boundary Violations in Psychoanalysis, Second Edition

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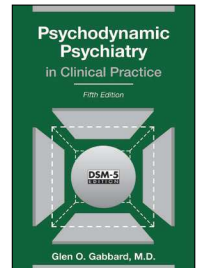
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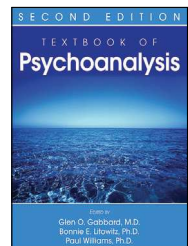
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